



OWLS TOGETHER

Equality Diversity and Inclusion
Campaign 2023-2024



**WE'RE ALL
WEDNESDAY
AREN'T WE**

Sexual Health Week (11th - 17th September)

The Football League Education celebrate being safe which means feeling empowered to access contraception, testing and treatment.

It means understanding consent and healthy relationships, providing information that gives young people the tools to navigate the world safely both online and offline.

That's why for Sexual Health Week 2023 we're playing it safe.





World Suicide Prevention Day (10th September)



World Suicide prevention Day is an awareness day observed on the 10th September every year to provide worldwide commitment and action to prevent suicides.

At SWFC, we recognise that as many as 1 in 4 people may struggle with thoughts of suicide at any one time. Raising community awareness and breaking down the taboo is important to make progress in preventing suicide.

Suicide thoughts can impact anyone, at any time for many reasons. Knowing there are support services that can help if you are struggling with thoughts of suicide is massively important because it shows that you are not alone, and lives can be saved.

We know that staying isolated with your thoughts means that no one can support you, so breaking your silence around your feelings of suicide and what is causing this, is the way forward. Knowing what to say can be difficult. Please do not struggle alone.



October Black History Month (October)

We celebrate Black contributions to British society, and to foster an understanding of Black history in general.

Black men and women have been at the heart of social justice movements throughout history, courageously battling oppression and advocating for change.

Black History Month 2023 offers a significant opportunity to acknowledge and celebrate their outstanding achievements.

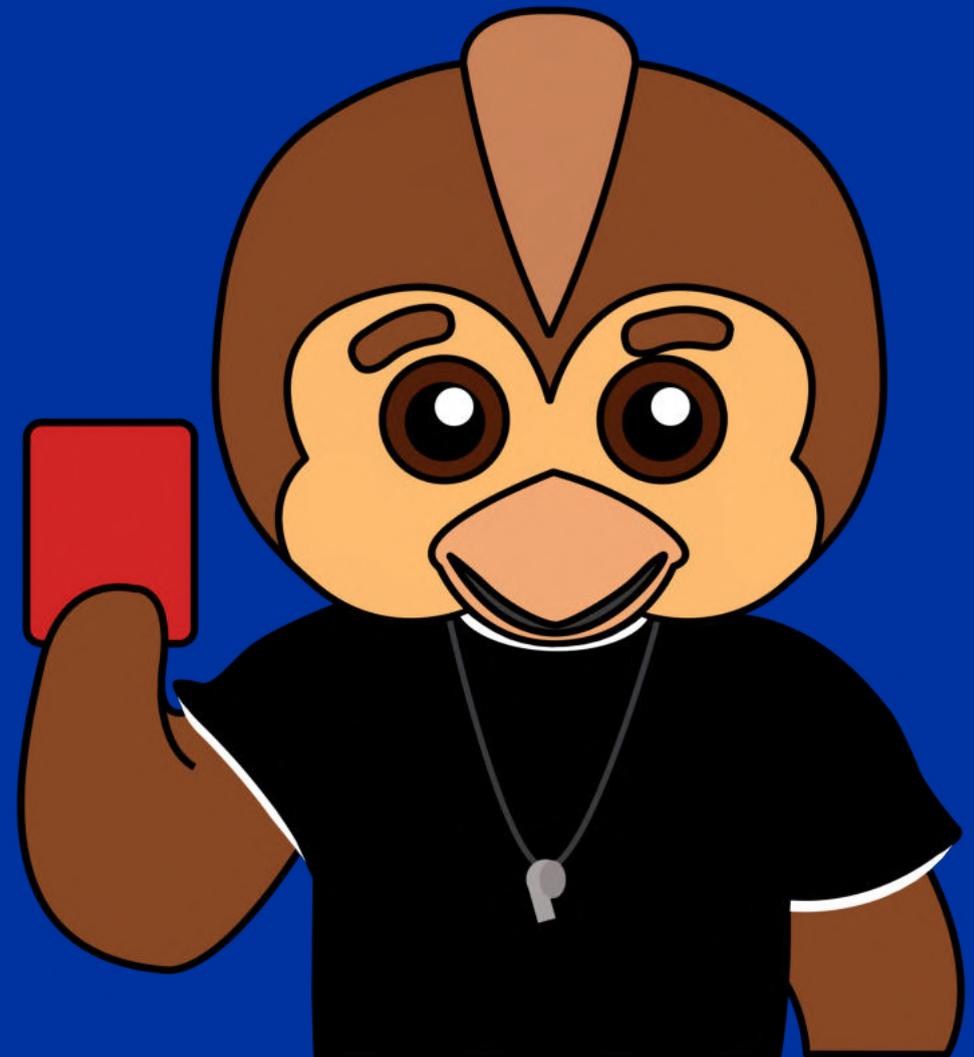


Hate Crime Awareness Week

(14th - 21st October)

Hate Crime Awareness Week in the UK is an annual campaign aimed at raising awareness about hate crimes and promoting tolerance and understanding within communities.

The primary goal of this initiative is to encourage reporting of hate crimes, provide support to victims, and educate the public about the impact of hate-motivated incidents.





STEP UP BEAT HATE



Anti Bullying Week

(13th - 17th November)

Bullying affects millions of young lives. Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.

This is one of the reasons, that 'Make A Noise About Bullying' has been chosen as the theme of Anti-Bullying Week 2023 taking place from 13th to 17th of November.



Human Rights Day (10th December)

Human Rights Day on December 10th is more than a date to remember. This day is about celebrating and championing the fundamental rights and freedom everyone deserves, regardless of nationality, place of residence, gender, national or social origin, religion, language, or other status.





Dry January

Dry January. Are you in?

31 days alcohol-free, a break and a total reset for the body and mind with Alcohol Change UK. Sleep better and have more energy, improve your mental health and concentration, look fabulous and get brighter skin, save money and feel an amazing sense of achievement.

It's about you taking a break, living better, feeling better. Starting your new year, the right way.







Safer Internet Day

(7th February)

Globally, Safer Internet Day is celebrated in over a hundred countries, coordinated by the joint Insafe and INHOPE network and national Safer Internet Centres across Europe.

The day offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community.

It calls upon young people, parents, carers, teachers, sports coaches, social workers, law enforcement, companies, policymakers, and wider, to join together in helping to create a better internet.



Eating Disorder Awareness Week (27th Feb - 5th Mar)

Eating Disorder Awareness Week in the UK is an annual event dedicated to raising awareness about eating disorders, promoting understanding, and providing support to those affected by these mental health conditions.

Around 1 in 4 people with eating disorders are men. And yet in 2023, their symptoms can still go unnoticed by those around them.





International Women's Day (8th March)

Imagine a gender equal world. A world free of bias, stereotypes, and discrimination. A world that's diverse, equitable, and inclusive. A world where difference is valued and celebrated. Together we can forge women's equality. Collectively we can all #EmbraceEquity.

Celebrate women's achievement.
Raise awareness about discrimination.
Take action to drive gender parity.

IWD belongs to everyone, everywhere.
Inclusion means all IWD action is valid.







Neurodiversity Celebration Week (13th - 19th March)

Neurodiversity Celebration Week is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported by providing schools, universities, and organisations with the opportunity to recognise the many talents and advantages of being neurodivergent, while creating more inclusive and equitable cultures that celebrate differences and empower every individual.

Deaf Awareness Week (2nd - 8th May)

Deaf Awareness Week is an annual event dedicated to raising awareness about deafness and hearing loss, as well as promoting understanding and inclusivity for deaf and hard of hearing individuals.

More than 12 million adults in the UK are deaf or have hearing loss. We can all play our part to be more deaf aware, both at work and in daily life.





Mental Health Awareness Week (9th - 15th May)

Mental Health Awareness Week in the UK is an annual initiative aimed at raising awareness about mental health issues and fostering a better understanding of the challenges individuals face.

The main goals are to break down stigma surrounding mental health, promote open conversations about it, and encourage individuals to prioritise their mental well-being.

Through events, campaigns, and education, the week seeks to create a more supportive and inclusive society where people are empowered to seek help and support when dealing with mental health concerns.



Pride Month (June)

Pride Month is about acceptance, equality and celebrating the work of LGBTQ+ people.

These celebrations usually take place in the form of an outdoor parade, where large crowds gather to march, often waving the rainbow pride flag as their banner.

These marches are not only an opportunity for the LGBTQ+ community to show their pride in their sexual orientation or gender identity, but sometimes also serve as demonstrations for legal rights such as same-sex marriage or as we have seen in the news recently, complete protection from conversion therapy.







If you are interested in supporting our EDI campaign, or would like to join our EDI Fan Inclusion Group, please contact:

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